

SportVolleyball 2010 All Skills Clinic

* Participants are not required to have previous elite or high level training. Players are expected to have an interest in bettering their personal skills, technical knowledge, and understanding of the game of volleyball. Players of varying skill competencies can participate in the same clinic.

Clinic Curriculum Includes:

- Serving
- Hitting
- Passing / Digging
- Serve Receive
- Setting / Set Assisting
- Blocking

Purpose:

Skill clinics are designed to provide specific instruction in each of the curriculum areas. Clinics can help the **novice** player learn the correct technique to develop their technical skills. Clinics can help the **advanced** player improve efficiencies in their performance and mitigate errors in their technical play.

Clinic Directors:

Scott and Sarah Dillingham have coached players throughout the greater East Texas area for 11 years. Together they have coached UIL, TAPPS, NJCAA, and USAV with numerous playoff experiences, district and conference titles, tournament wins, and two national appearances. Both are IMPACT and referee certified through USA Volleyball and have assisted collegiate summer camps throughout their careers. They are very excited about bringing their expertise and love of the game to your school team.

